

Overseas travel checklist

- ☐ Passport (valid 6+ months beyond return)
- ☐ Visa or entry authorisation (if required)
- ☐ Travel insurance policy and emergency number
- ☐ Flight, rail and hotel confirmations
- ☐ Driving licence (and international permit if needed)
- ☐ Copies of documents stored separately and online
- ☐ Vaccination records if required
- ☐ Credit/debit cards and some local currency
- ☐ Prescription medicines in original packaging
- ☐ Copy of prescriptions
- ☐ First-aid basics and pain relief
- ☐ Sunscreen and insect repellent
- ☐ Hand sanitiser
- ☐ Phone and charger
- ☐ Plug adapter for destination
- ☐ Power bank
- ☐ Headphones
- ☐ Offline maps downloaded
- ☐ Tell your bank about travel
- ☐ Check roaming or buy an eSIM
- ☐ Arrange pet/plant care
- ☐ Empty fridge and take out rubbish
- ☐ Set lights on timers
- ☐ Leave itinerary with someone at home